



Murray Edwards  
College  
*founded as New Hall*

## Cafeteria Lunch and Dinner

Sunday 20<sup>th</sup> October 2013

### Soup

Roast Norfolk turkey with sage and onion stuffing  
Poached salmon with parsley butter  
Quorn sausages and onion gravy

Jacket potatoes with various fillings  
Roast potatoes

Swede and carrot mash  
Roast carrots

### Dessert

Please note that meals may contain traces of nut



Murray Edwards  
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## Cafeteria Lunch

Monday 21<sup>st</sup> October 2013

### Soup

Honey roast ham, mustard sauce  
Plaice Goujons with tartar sauce  
Breaded vegan nuggets , mustard sauce

Jacket potatoes with various fillings  
Fries

French beans  
Tossed salad

### Desserts

Please note that meals may contain traces of nuts



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## Cafeteria Dinner

Monday 21<sup>st</sup> October 2013

### Soup

Lamb and mint burgers  
With a selection of toppings  
Falafel and pitta bread  
With a selection of toppings

Roast market fish served with tomato and mango salsa

Jacket potatoes with various fillings  
French Fries

Sweet corn  
Onion rings

### Desserts

Please note that meals may contain traces of nuts



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## Cafeteria Lunch

Tuesday 22nd October 2013

Soup

Coq au vin

Poached Salmon, hollandaise sauce

Braised vegetarian sausages

Jacket potatoes with various fillings

Minted new potatoes

Cauliflower cheese

Carrots

Please note that meals may contain traces of nuts



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## Cafeteria Lunch

Wednesday 23rd October 2013

### Soup

Roast Loin of pork served with apple sauce and gravy  
Mushroom and pea fricassee  
Poached market fish with a chive beurre blanc

Jacket potatoes with various fillings  
Thyme roast potatoes

Crushed carrot and swede  
Fine beans

### Desserts

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## Cafeteria Dinner

Wednesday 23rd October 2013

Soup

Chicken Kiev's

Vegetable Kiev's

Fish cakes served with lemon and herb mayonnaise

Jacket potatoes with various fillings

Minted new potatoes

Tossed salad

Steamed Mixed vegetables

Desserts

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## Cafeteria Lunch

Thursday 24th October 2013

### Soup

Chilli con carne topped with tortillas

Quorn chilli served with guacamole

Baked market fish with capers lime and tomato dressing

Jacket potatoes with various fillings

Steamed rice

Garden peas

### Desserts

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## Cafeteria Dinner

Thursday 24th October 2013

### Soup

Chicken fajitas With Guacamole and cheese  
Vegetable fajitas With Guacamole and cheese  
Roast fish tacos served with tomato salsa

Jacket potatoes with various fillings

Steamed rice  
Refried beans  
Tossed salad

### Desserts

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## Cafeteria Lunch

Friday 25th October 2013

### Soup

Navarin of lamb

Battered market fish served with tartar sauce and lemon

Autumn Vegetable hot pot

Jacket potatoes with various fillings

New potatoes

Fresh Chips

Carrots and peas

### Dessert

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## Cafeteria Dinner

Friday 25th October 2013

Soup

Marinated steak garlic butter  
Sole Goujons, tartar sauce  
Gratinated herb and garlic mushrooms

Jacket potatoes with various fillings  
Chips

Macaroni cheese  
Broccoli

Desserts

Please note that meals may contain traces of nuts